



*Preventing and
Overcoming
Pornography
Initiative*

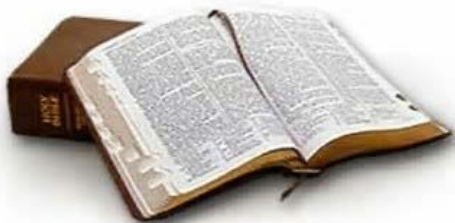
*Kent Stake
February 4, 2018*

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Introduction

- The Brethren and the Kent Stake Presidency, have concerns regarding the potential and existing exposure to pornography.
- Pornography accessibility across all ages is an increasing issues with members of the church, especially with the use of cell phones.
- Our desire is to provide awareness of the issue and provide support and guidance for:

Prevention, Recognition and Overcoming



Why Is Our Awareness So Important?

Gordon B. Hinckley – “A Tragic Evil Among Us”

"Pornography is like a raging storm, destroying individuals and families, utterly ruining what was once wholesome and beautiful."

- **46% of men and 16% of women between 18 and 39 intentionally viewed pornography in a given week (2014).**
- **34% of internet users have experienced pornographic content through ads, pop up ads, misdirected links or emails.**
- **47% of families in the United States reported that pornography is a problem in their home.**

April 11, 2016 Time Magazine



Recognition of a Problem

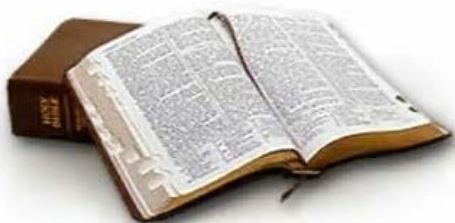
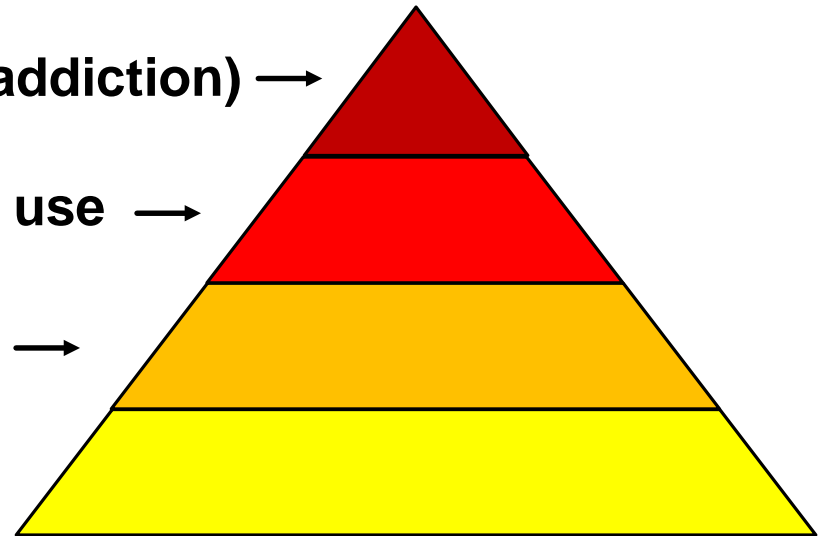
You live in a world of terrible temptations. Pornography, with its sleazy filth, sweeps over the earth like a horrible, engulfing tide. It is poison. Do not watch it or read it. It will destroy you if you do. It will take from you your self-respect. It will rob you of a sense of the beauties of life. It will tear you down and pull you into a slough of evil thoughts and possibly of evil actions. Stay away from it. Shun it as you would a foul disease, for it is just as deadly..” **Gordon B. Hinckley**

Compulsive use (addiction) →

Intensive use →

Occasional use →

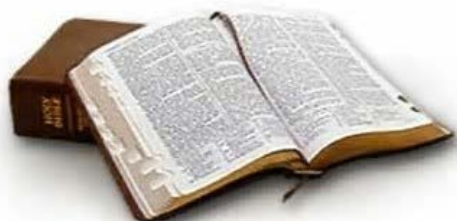
**Inadvertent
exposure →**



What Are We Doing?

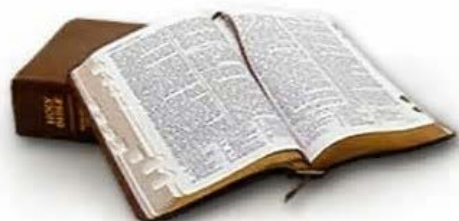
The Stake Presidency has organized six committees to help address this issue.

- Each Committee is comprised of two High Counselors, key leaders and skilled members.
- The Six Committees are:
 - Primary Age Youth
 - Young Men / Women
 - Young Single Adults
 - Adults
 - Priesthood Leadership
 - Technology
- They have worked over past eight months to provide direction, awareness and materials to help prevent and overcome pornography.



What Else Are We Doing?

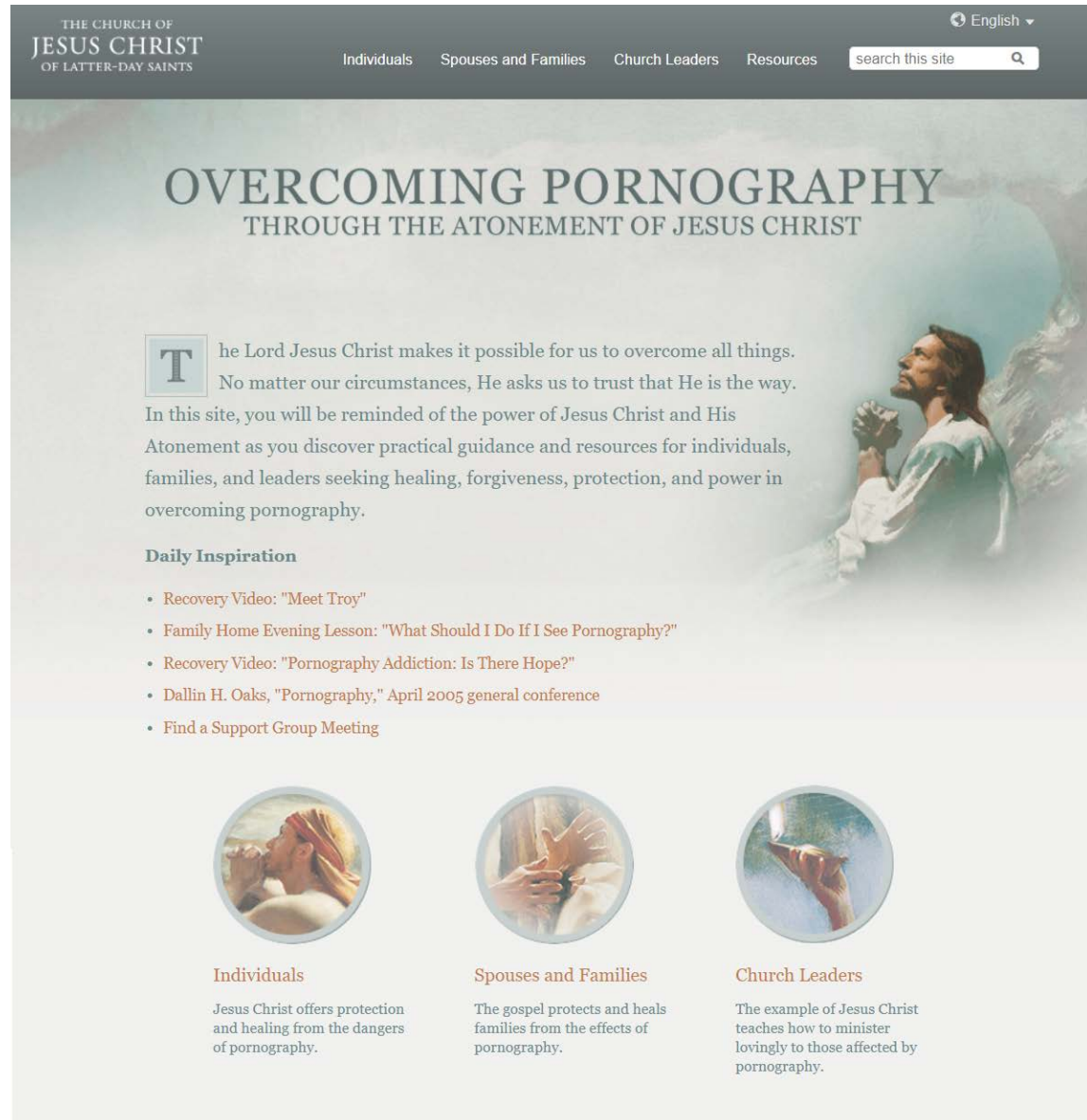
- **Special Fireside by Kristen Jenson** (see handout)
February 18th Stake Center:
Parents of Children ... 5:30-6:30
Youth and Adults 7:00-8:00
 - **Youth:** Special Ward 3rd hour meeting
Presented by Ward Leadership in.....Feb., June, Oct.
 - **Adult:** Special Ward 3rd hour meeting
Presented by Ward Leadership in.....Feb., June, Oct.
 - **Primary:** Special Sharing Time (Friend Magazine)
Presented by Ward Leadership in.....Feb., June, Oct.
 - **Families:** Dedicated FHE lessons.....Feb., June, Oct.
Talk about the issue of Pornography as a family
- Technology Support**.....4th Thursday every month
Stake Center.....supported by Kent Stake Specialists



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Sources for Help and Support

The Church website OvercomingPornography.org



THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

English ▾

Individuals Spouses and Families Church Leaders Resources search this site 🔍

OVERCOMING PORNOGRAPHY THROUGH THE ATONEMENT OF JESUS CHRIST

The Lord Jesus Christ makes it possible for us to overcome all things. No matter our circumstances, He asks us to trust that He is the way. In this site, you will be reminded of the power of Jesus Christ and His Atonement as you discover practical guidance and resources for individuals, families, and leaders seeking healing, forgiveness, protection, and power in overcoming pornography.


Daily Inspiration

- Recovery Video: "Meet Troy"
- Family Home Evening Lesson: "What Should I Do If I See Pornography?"
- Recovery Video: "Pornography Addiction: Is There Hope?"
- Dallin H. Oaks, "Pornography," April 2005 general conference
- Find a Support Group Meeting




Individuals

Jesus Christ offers protection and healing from the dangers of pornography.



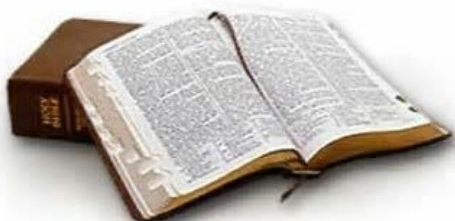
Spouses and Families

The gospel protects and heals families from the effects of pornography.



Church Leaders

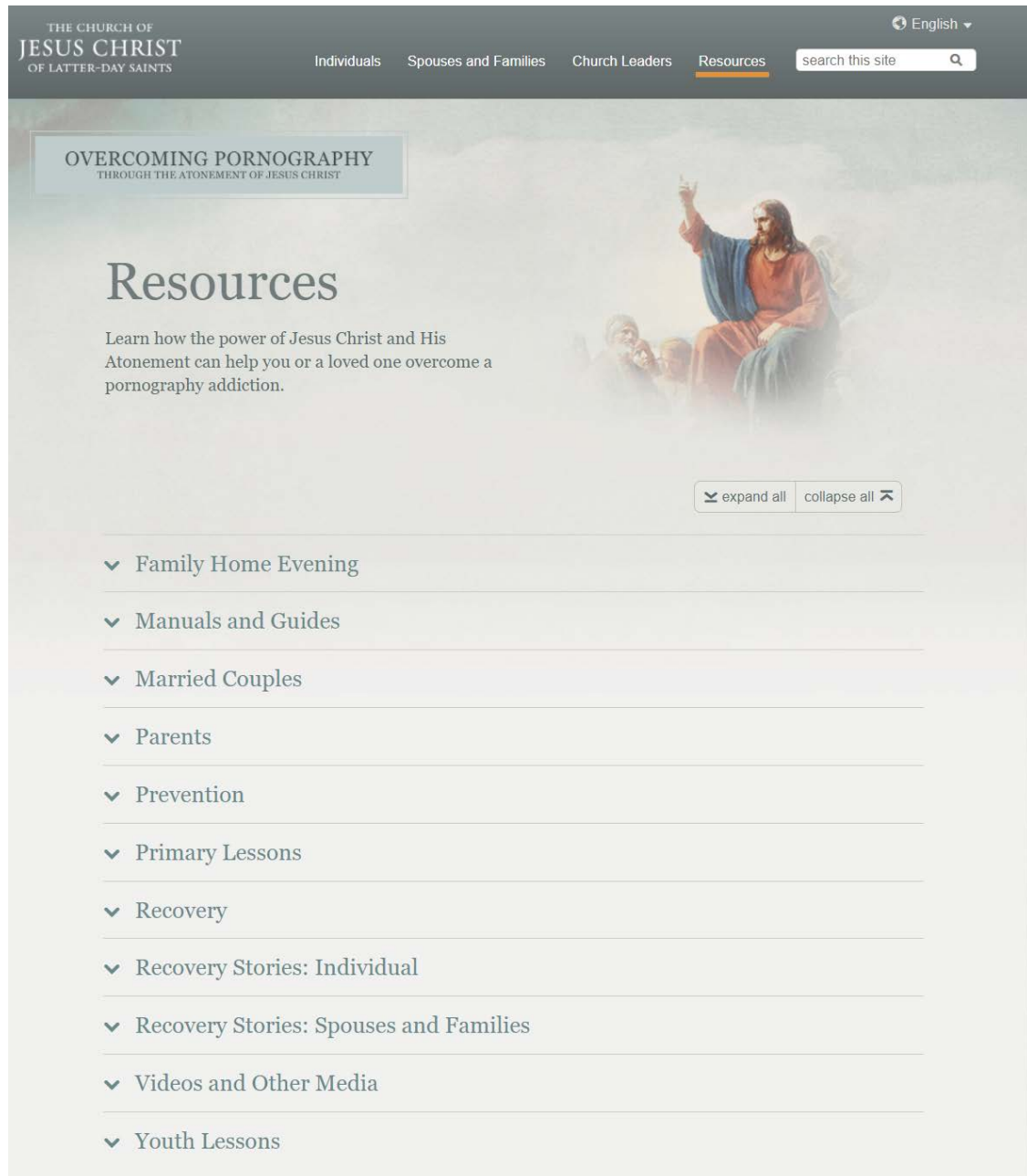
The example of Jesus Christ teaches how to minister lovingly to those affected by pornography.



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Sources for Help and Support

List of Resources



THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

English

Individuals Spouses and Families Church Leaders Resources search this site

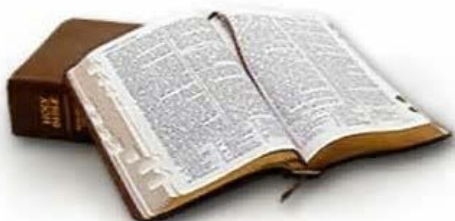
OVERCOMING PORNOGRAPHY THROUGH THE ATONEMENT OF JESUS CHRIST

Resources

Learn how the power of Jesus Christ and His Atonement can help you or a loved one overcome a pornography addiction.

expand all collapse all

- Family Home Evening
- Manuals and Guides
- Married Couples
- Parents
- Prevention
- Primary Lessons
- Recovery
- Recovery Stories: Individual
- Recovery Stories: Spouses and Families
- Videos and Other Media
- Youth Lessons



Sources for Help and Support

The Church website - AddictionRecovery.Lds.org

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

Addiction Recovery Program



Addiction Recovery Program

program
gospel principles
recovery and healing.

Overcome Addiction



With the Savior's help we can overcome our addictions and find new meaning to life.

Spouses & Families

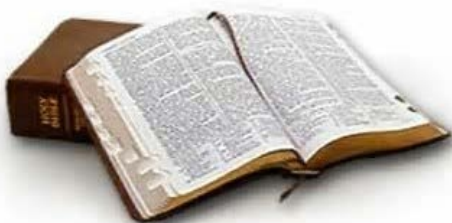


Family and friends can learn to rely on the Savior for healing and to help them support their loved ones through recovery.

Find a Meeting



Find support group meetings in locations near you.



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Take Action

- Pray for inspiration on what to do to help and protect your family.
- Talk with your children and Spouse about pornography.
- Review the handout provided today.
- Review the information on overcomingpornography.org.
- Seek the council of your Bishop and Stake President if needed.
- Seek Professional Counseling from those whose treatment is consistent with LDS doctrine.



... Words of Counsel and Promise

No family can have peace, no life can be free from the storms of adversity unless that family and that home are built on foundations of morality, fidelity, and mutual respect..

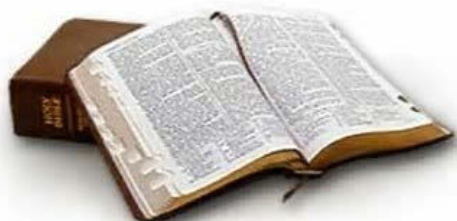
Teachings of Gordon B. Hinckley p. 252

... Each of us, with discipline and effort, has the capacity to control our thoughts and our actions. This is part of the process of developing spiritual, physical, and emotional maturity.

Teachings of Gordon B Hinckley p. 255

... The Lord Jesus Christ makes it possible for us to overcome all things. No matter our circumstances, He asks us to trust that He is the way. The Savior and His Atonement are essential for forgiveness, protection, and power in overcoming pornography.

M. Russell Ballard Oct 2010

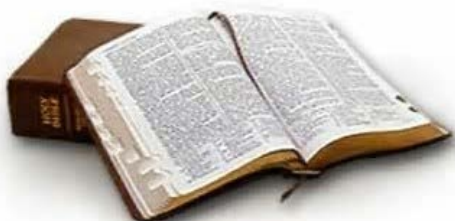


Support – Technology Keeping Families Safe

QUOTES FROM CHURCH LEADERS

“Guard your homes. How foolish it seems to install bars and bolts and electronic devices against thieves and molesters while more insidious intruders stealthily enter and despoil.” – President Hinckley

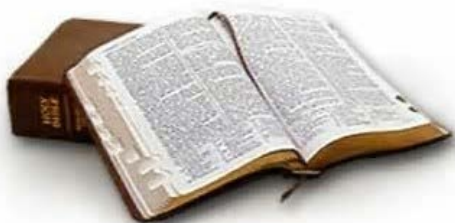
“We must also act to protect those we love. Parents install alarms to warn if their household is threatened by smoke or carbon monoxide. We should also install protections against spiritual threats, protections like filters on Internet connections.” – Elder Oaks



Support - Technology

- **Content Filtering / Blocking**
 - OpenDNS - *Shield / Home / Premium*
 - Parental Controls (for streaming services & gaming consoles)
- **Cell Phones & Mobile Devices**
 - Apps, Carrier Controls, & VPNs
- **4th Thursday High-Council Room**
 - Technology Lab 7:00 PM – Help & Research
- **Low-Tech Tips**
 - Internet access in open areas; age-limits for 3G/4G/LTE access (phone & tablets); on-line time limits; shared Internet time; audit devices and apps; charge mobile devices in parents room at night; turn Wi-Fi off by schedule; teach & warn (FHE / family councils)
- **SURVEY**
 - Please complete and return; this will help us focus our efforts

kentstake.org/POPI (stake web resource page)





Family Home Evening: The Savior Desires to Forgive and Heal the Wounds of Pornography

“But if ye will turn to the Lord with full purpose of heart, and put your trust in him, and serve him with all diligence of mind, if ye do this, he will, according to his own will and pleasure, deliver you out of bondage.”

– Mosiah 7:33

Family Home Evening: The Savior Desires to Forgive and Heal the Wounds of Pornography

Prepare Spiritually

Read Alma 7: 11-13

Video - “It Is Never Too Late” – Jeffrey R. Holland

Ensign Article - Linda S. Reeves, “Protection from Pornography—a Christ-Focused Home” Ensign, May 2014, 15–17

Family Home Evening: The Savior Desires to Forgive and Heal the Wounds of Pornography

Introduce the Doctrine

Introduce the doctrine of Jesus Christ's mercy and love.

Invite your family to remember a time that they forgave someone.

Why did they forgive?

How did they feel when they forgave?

How did the person feel when he or she was forgiven?

Compare this experience to the love of God and His desire to forgive and heal us.

What questions does your family have about repenting and being forgiven?

Family Home Evening: The Savior Desires to Forgive and Heal the Wounds of Pornography

Introduce the Doctrine

Read or watch the story of the woman taken in adultery
(John 8:2–11)

“Go and Sin No More”

Family Home Evening: The Savior Desires to Forgive and Heal the Wounds of Pornography

<https://www.lds.org/bible-videos/videos/go-and-sin-no-more> - *click to view*

Family Home Evening: The Savior Desires to Forgive and Heal the Wounds of Pornography

Introduce the Doctrine

Discuss Christ's reaction to the serious sin of sexual transgression.

How does He treat the woman and those who accuse her?

Does He condone her sin?

What is His judgment on the matter?

What can we learn about repentance from this story?

Family Home Evening: The Savior Desires to Forgive and Heal the Wounds of Pornography

Invite to Act

Each of us can turn more fully to the Lord through repentance.

Make sure your children understand that repentance is a positive experience that leads to peace and relief from guilt and shame.

Invite everyone to quietly and prayerfully seek inspiration on what to improve and how best to seek the Lord's help.

Ask family members if they need any help with their commitments.

Ensure that each family member has an increased understanding of God's love for him or her individually and a brighter hope that he or she can make changes.

Family Home Evening: The Savior Desires to Forgive and Heal the Wounds of Pornography

If you are caught in Satan's trap of pornography, remember how merciful our beloved Savior is. Do you realize how deeply the Lord loves and cherishes you, even now? Our Savior has the power to cleanse and heal you.

– Linda S. Reeves

It Is Never Too Late – Jeffrey R. Holland

<https://www.lds.org/youth/video/it-is-never-too-late> - *click to view*



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End of Presentation